



## **Healthy Aging & Wellness Fair**

**Saturday September 24, 2016**

**11 AM to 4 PM**

**Haven House**

676 Town Bank Road

North Cape May, NJ 08204

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Health Information

Flu Shots Available

Blood Pressure & Heart Screening

Hearing Screening

BMI Screening

Speakers on Nutrition, Aging, Medications and more

Refreshments

Entertainment

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**Rain or Shine**

**This Event is Free and Open to the Public**

*For More Information Please contact Karen Fisher at 856-583-6123 or  
Visit [www.VITALity.camdendiocese.org](http://www.VITALity.camdendiocese.org)*

