

Addictions Healing & Recovery

- ◆ Along with Respect for Life, October is **Domestic Violence Awareness Month**. So, you may ask what connection does this have to addictions.
- ◆ The Addiction Centers tells us that when combined with an addiction to drugs or alcohol, domestic abuse can quickly escalate into a dangerous situation that is hard to get away from.
- ◆ For some, the pain of being a victim of domestic violence can trigger substance abuse. In fact, women who have been abused are 15 times more likely to abuse alcohol and 9 times more likely to abuse drugs than those without a history of abuse.
- ◆ Domestic violence does not always constitute physical violence — it can encompass various other types of harm to overpower an individual and keep them in fear of the other.
- ◆ There are many different forms of domestic abuse: emotional abuse, physical abuse, psychological abuse, sexual abuse, financial abuse, spiritual abuse, verbal abuse, social abuse, elderly abuse.
- ◆ If you or anyone you know is the victim of domestic abuse, your personal safety must take priority over any feelings you may have for the perpetrator.
- ◆ **LISTEN, BELIEVE AND REFER:** As a Catholic Faith Community, we are called to hope, help, and healing to all harmed by domestic abuse and violence. Abuse is not God’s will.
- ◆ **Call the National Domestic Violence Hotline: 800-799-SAFE (7233) - 24 hours, toll free www.ndvh.org**
- ◆ For information on Domestic Violence services and counseling, contact **Catholic Charities, Diocese of Camden** at **866-682-2166** or visit our website: <https://catholiccharitiescamden.org/>

“Come to me, all you that are weary and are carrying heavy burdens, and I will give you rest.” – Matthew 11:28



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Addictions Healing HELP-LINE: 856-342-4057

Catholic Charities Clinical Services: 1-866-862-2166

NJ Hotline for Addiction: Dial 211. This is an information and referral service that connects you with substance use disorder and support services

National Suicide Prevention Helpline: 800-273-8255



CHURCH =

- C**— Care and support
- H**—Help with practical needs
- U**—Use Spiritual Companions
- R**—Remove the STIGMA
- C**—Collaborate with each other
- H**—Offer HOPE



- ◆ Pope Francis has declared a “Year of Amoris Laetitia Family” (March 19, 2021 - June 26, 2022), encouraging the Church to find new and creative ways to accompany families. As Domestic Violence Awareness Month, October is an ideal month to accompany families who experience domestic violence and abuse. Unfortunately, domestic violence occurs in Catholic families.
- ◆ Many people suffer psychological, emotional, and economic abuse and need counseling and support. Individuals living with intimate partner abuse may not realize that some situations are very dangerous. Guns, threats of murder or suicide, a recent or planned separation indicate high risk for lethal violence. Connect her/him to: The National Domestic Violence hotline: **1 (800) 799-SAFE (7233)**

SUPPORT GROUPS

Join others to support your healing, share your stories and be involved in helping others! Here are five support ministries that may be close to you:

- ◆ The Church of Incarnation, 240 Main St., Mantua (**Community Connections**) Contact: Bill Dougherty at billdoc@comcast.net
- ◆ The Church of Incarnation 240 Main St. Mantua (**Calix Society**) Contact: Jen Drees at jendrees@yahoo.com
- ◆ St. Clare of Assisi, 1225 Kings Highway, Swedesboro (**Christ's Arms for Others**) Contact: Joe & Maureen Vitulli at joev@cheerful.com
- ◆ St. Charles Borromeo “**I Thirst Ministry**”, 176 Stagecoach Rd., Sicklerville. Contact: Ralph Burnley at addiction@saint-charles-borromeo.org
- ◆ **iTHIRST Parlor Meeting**. Contact: Keaton Douglas at shrinerecovery@gmail.com
- ◆ **AFIRE We Thirst Ministry** - <https://www.apeopleafire.org/>

If you or your family member is experiencing substance use/abuse issues, there is help in the Catholic Community

Substance Use Disorder has risen to epidemic proportions, and impacts the entire family



Call the Catholic Charities Addictions Healing Helpline:

1-856-342-4057 - 24 hours

Leave a message, receive a callback within 24 hours

between the hours of 9:00 AM – 4:00 PM—Monday through Friday

For more information, contact JoAnne.Farrell@camdendiocese.org



Catholics For Family Peace Education and Research on Domestic Abuse

- ◆ We aim to inform everyone on ways for the Catholic community can promote family peace and to prevent and respond to domestic abuse and to provide **resources** and promote **prayer** for all families.
- ◆ Our initiative provides education, resources, and research that help pastoral leaders, clergy, and parishioners recognize domestic abuse and respond with compassion.
- ◆ Join us in spirit everyday at **3 p.m.** to pray for hope, help, and healing for those affected by domestic violence.

<http://www.catholicsforfamilypeace.org/>



DID YOU KNOW...

Many people struggle silently with addiction. We never know if the person sitting in the pew next to us is struggling with a substance use disorder. We all need to be sensitive to this possibility.

SUBSTANCE ABUSE & MENTAL HEALTH SERVICES (SAMHSA) NATIONAL HELPLINE—1-800-662-HELP (4357).

SAMHSA's National Helpline is a free, confidential, 24/7, 365-day-a-year treatment referral and information service (in English and Spanish) for individuals and families facing mental and/or substance use disorders.

This service provides referrals to local treatment facilities, support groups, and community-based organizations. Callers can also order free publications and other information.

