



## WHAT WE'RE COLLECTING:

It's requested that parishioners donate non expired food only. Please aim for healthy 'no salt added,' 'low-sodium,' and whole grain options. Below please find the most needed items for those experiencing food insecurity.

- > CANNED BEANS
- > DRIED PASTA AND RICE
- > CANNED SPAGHETTI SAUCE
- > COOKING OILS AND VINEGARS
- > CANNED FRUIT | FRUIT CUPS
- > PEANUT BUTTER AND JELLY
- > CANNED AND HEARTY SOUPS
- > DRIED MASHED POTATO





